

# Toys Massage Story

We all like to play and explore with different toys. This massage uses some of our favourites. Maybe you can find a song about your own favourite toy if it's not on the list. If you have any of the toys below then you can use these as objects of reference.

Playlist of all songs: [https://youtube.com/playlist?list=PLWPlm-c\\_AnOphmT7A8n4E41-Jq\\_M5VY2A](https://youtube.com/playlist?list=PLWPlm-c_AnOphmT7A8n4E41-Jq_M5VY2A)

Spinning top– Spinning Around– Kylie Minogue. Make circular movements on their back or limb, you may wish to keep this in one place, or move around.

[https://youtu.be/EQOQr\\_LQNY](https://youtu.be/EQOQr_LQNY)

Ball– Rubber ball– Bobby Vee. Using a soft ball Make bouncing actions in a predictable pattern up a leg or arm and back again. Then explore the ball by rolling it along the same limb/limbs. <https://youtu.be/agACTYntjVc>

Light toys– Blinding Lights– Kidz Bop (clean lyrics!) Using your hands, make spraying out movements across the back and tops of the shoulders. Also explore an available light toy if appropriate. <https://youtu.be/Rsl3YzLSPp8> or <https://youtu.be/VGHSEGCZPog>

Cars– Baby you Can Drive My Car– Paul McCartney Use a small car and 'drive' over the body.

<https://youtu.be/gFg13rHCF44>

Building blocks– Build– The Housemartins. Using hands in a fist, use knuckles to roll pressure up the body with one on top of the other as though building.

<https://youtu.be/IMPmiLddsue>