



Progression of teaching in Sex and Relationships at Park Lane Special School

This curriculum is based on SoSAFE! scheme and utilises much of the lessons directly with some individualisation to suit our pupils.

Upper Key Stage 2

- Public and private body parts and places
- Private helpers
- Emotions
- Asking for help
- Types of relationships
- LBGTQ



Key Stage 3

- Puberty and bodily changes
- Public and private body parts and places
- Private helpers
- Appropriate touch
- Emotions
- Asking for help
- Types of relationships
- LBGTQ
- Like and like a lot
- Family love
- menstruation (girls)
- wet dreams (boys)



Key Stage 4

- Puberty and bodily changes
- Public and private body parts and places
- Private helpers
- Emotions
- Asking for help
- Types of relationships
- LBGTQ
- Like and like a lot
- Family love
- menstruation (girls)
- wet dreams (boys)
- Masturbation
- Boyfriends and girlfriends



Key Stage 5

- Puberty and bodily changes
- Public and private body parts and places
- Private helpers
- Emotions
- Asking for help
- Types of relationships
- LBGTQ
- Like and like a lot
- Family love
- menstruation (girls)
- wet dreams (boys)
- Masturbation
- Boyfriends and girlfriends
- Sexy love and sexy kissing
- Intercourse
- Pregnancy

Families will be informed of what is being taught in each class with the option of their children being excused where they think appropriate. Teachers will also use their knowledge of pupils to decide if they require any lessons earlier or later than this plan states in conjunction with the families concerned.