

Curriculum Map



Foundation Stage

Multi-ability Cog Focus & Learning Journeys

◆ Exceeding ■ Expected ▲ Working towards

Unit 1



- I can follow instructions, practise safely and work on simple tasks by myself ◆
- I enjoy working on simple tasks with help ■

Unit 2



- I can work sensibly with others, taking turns and sharing ◆
- I can play with others and take turns and share with help ■

Unit 3



- I can understand and follow simple rules and can name some things I am good at ◆
- I can follow simple instructions ■

Unit 4



- I can explore and describe different movements ◆
- I can observe and copy others ■

Unit 5



- I can perform a single skill or movement with some control. I can perform a small range of skills and link two movements together ◆
- I can move confidently in different ways ■

Unit 6



- I am aware of why exercise is important for good health ◆
- I am aware of the changes to the way I feel when I exercise ■

Weeks

Fundamental Movement Skill Focus

Theme

1-3

Coordination:
Footwork
(FUNS Station 10)



The Birthday
Bike Surprise

4-6

Static Balance:
One Leg
(FUNS Station 1)



Pirate
Pranks!

7-9

Dynamic Balance
to Agility:
Jumping and Landing
(FUNS Station 6)



Journey to
the Blue
Planet

10-12

Static Balance:
Seated
(FUNS Station 2)



Monkey
Business!

13-15

Dynamic Balance:
On a Line
(FUNS Station 5)



Tilly the
Train's Big
Day

16-18

Static Balance:
Stance
(FUNS Station 4)



Thembi
Walks the
Tightrope

19-21

Coordination:
Ball Skills
(FUNS Station 9)



Clowning
Around!

22-24

Counter Balance:
With a Partner
(FUNS Station 7)



Wendy's
Water-ski
Challenge

25-27

Coordination:
Sending and Receiving
(FUNS Station 8)



John and
Jasmine Learn
to Juggle

28-30

Agility:
Reaction/Response
(FUNS Station 12)



Ringo to the
Rescue

31-33

Agility:
Ball Chasing
(FUNS Station 11)



Sammy
Squirrel and his
Rolling Nuts

34-36

Static Balance:
Floor Work
(FUNS Station 3)



Caspar the
Very Clever
Cat