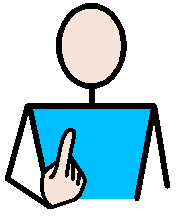
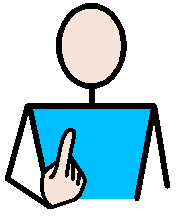
** Individuality **

**Curriculum Coverage 2 year rolling program**

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|  |  | **KS1 Granelli (EYFS)** | **LKS2 Hovis** | **UKS2 Mulberry** | **KS3 Arighi, Bollin and Middlewood** |
| **Autumn 1**  **Celebrations** | **NC/EYFS Learning objectives** |  | **Be Happy & Healthy**   * I can name things that I am grateful for and think of reasons I have to be happy. * I know some of the things that make me feel happy and unhappy   **Be Active**   * I can balance on different parts of my body and in different positions. * I can dance to music with increasing control, coordination and rhythm.   **Learn about Yourself**   * I can play and work cooperatively with others. | **Be Happy & Healthy**   * I recognise that thinking about things I am grateful for and reasons I have to be happy can create positive feelings. * I can talk about the feelings associated with losing things that are important to me.   **Be Active**   * I can combine gymnastic or dance movements and shapes to create sequences. * I recognise some of the effects on my body of exercise, including how my breathing and heart rate change.   **Learn about Yourself**   * I understand that personal behaviour can affect other people. * I can play and work cooperatively with others and recognise what is kind and unkind behaviour. | **Be Happy & Healthy**   * I can re-phrase a problem or challenge from a negative statement to a positive one. * I understand the difference between short-term and long-term happiness.   **Be Active**   * I can perform a growing range of gymnastic and dance moves and sequences with increasing poise and control, both on and off the equipment. * I can compare my performances with previous ones and demonstrate improvement to achieve my personal best.   **Learn about Yourself**   * I recognise the importance of self-respect and how this can affect my thoughts and feelings. * I know that everyone should be treated politely with respect. * I recognise and model respectful behaviour. |
| **Focus** | *Local / Family celebrations* | *National celebrations* | *International celebrations* | *Religious Festivals / Different cultures* |
| **Spring 1**  **Global Warriors** | **NC Learning objectives** | **Be Happy & Healthy**  **Be Active – ball skills / games**  **Be Safe**   * I can recognise some risks associated with particular situations.   **Learn about Yourself**   * I know some things I am good at and some things I find difficult. | **Be Happy & Healthy**   * I know some of the things that make me feel happy and unhappy. * I can recognise positive things about myself. * I know that my own actions and behaviour can affect how I feel. * I know that drinking plenty of water is important for keeping healthy, especially in warm weather. * I know that exercise is good for my health.   **Be Active**   * I have practised my skills for throwing and catching balls and objects of different sizes. * I can travel in different ways on the floor and equipment. * I can kick a ball with increasing control.   **Be Safe**   * I can recognise some risks associated with particular situations and make sensible decisions to keep myself safe.   **Learn about Yourself**   * I know some things I am good at and some things I find difficult. * When I make mistakes, I can reflect on my behaviour and on what I could do differently next time. | **Be Happy & Healthy**   * I can recognise a range of emotions in myself and can use a growing vocabulary to describe how I am feeling.   **Be Active**   * I have taken part in team building activities and challenges and understand the importance of communication, both verbal and non-verbal, when working in a team. * I have developed my skills for passing and receiving a ball, including using a range of sporting equipment. * I can travel in different ways on the floor and equipment, showing increasing control of my movements. * I can kick/pass a ball with increasing control.   **Be Safe**   * I can recognise risks in different contexts and settings and can make sensible decisions to keep myself safe. * I know how to keep myself safe near water.   **Learn about Yourself**   * I recognise my own strengths and weaknesses and set myself targets. | **Be Happy & Healthy**   * I can recognise a range of emotions in myself and other people and can use a growing vocabulary to describe how I am feeling. * I can identify factors that have contributed to the way I am feeling, including my own actions.   **Be Active**   * I have taken part in team building activities and challenges and understand the importance of communication, both verbal and non-verbal, when working in a team. * I have developed my skills for passing and receiving a ball, including using a range of sporting equipment. * I understand the importance of fair play and can follow the rules when taking part in team sports.   **Be Safe**   * I can recognise a range of risks in different contexts and settings and can make sensible decisions to keep myself safe. * I know how to keep myself safe near water.   **Learn about Yourself**   * I recognise my own strengths and weaknesses and set myself challenging targets. * I have short and long term ambitions of things I would like to do or achieve. |
| **Focus** | *Plastic fantastic* | *Clothing / newspaper* | *Metal* | *Recycling* |
| **Summer 1**  **Living Things** | **NC Learning objectives** | EY | **Be Happy & Healthy**   * I know which foods are fruits and vegetables and that it is important to eat them every day. * I know that fruits and vegetables come from plants and have grown something edible. * I know that other people like and dislike different things from me.   **Be Active**   * I have taken part in a wide range of physical activities, including different sports and team games. * I have taken part in races. * I know that regular exercise helps to keep me healthy.   **Be Safe**   * I know how to keep myself safe in the sun. * I know that some substances can be harmful if touched or eaten. * I know the schools/class rules and understand how they help to keep us safe. | **Be Happy & Healthy**   * I have learned some mindfulness techniques and can use them to help me feel more calm and relaxed. * I can tell people how I am feeling and can say what has made me feel that way. * I know why it is important to wash my hands after going to the toilet and before touching or eating food   **Be Active**   * I have taken part in a range of athletic challenges both individually and within a team.   **Be Safe**   * I know that bacteria can be harmful if ingested and know ways of keeping safe, including keeping foods in the fridge, preparing foods in a clean environment and washing hands. * I have developed some strategies for coping with disappointment, for example when I lose or don’t get my own way. | **Be Happy & Healthy**   * I recognise a more complex range of feelings and emotions associated with separation and loss. * I have considered how people’s self-image can be affected by images in the media. * I know how different foods affect teeth and can suggest good food choices to help keep my teeth healthy. * I have learned about food groups and can sort foods according to their food group. * I understand the importance of eating a balance of foods from all of the food groups in order to give my body all the things it needs to be healthy. * I have learned about some vitamins and minerals and know which part of my body they help to keep healthy. * I know that some foods can go bad over time. * I know that some foods need to be stored in the fridge.   **Be Active**   * I have taken part in a wide range of athletic activities and have improved my performance through refining my techniques and building stamina. * I can adapt my running technique for short and long distances.   **Be Safe**   * I know that living things have different needs and know about the responsibilities of caring for them. |
| **Focus** | *Animals* | *Plants* | *Habitats* | *Life cycles* |
| **Autumn 2**  **Super Stars** | **NC Learning objectives** | **Be Happy & Healthy**   * I can name things that I am grateful for and think of reasons I have to be happy.   **Be Active – dance / gym**   * I can balance on different parts of my body and in different positions. * I can dance to music with increasing control, coordination and rhythm.   **Be Safe**   * I can recognise some signs and symbols in the environment that indicate danger and know what they mean.   **Learn about Yourself**   * I can recognise some of the ways in which I am unique. | **Be Happy & Healthy**   * I can talk about the feelings associated with losing things that are important to me.   **Be Active**   * I can combine gymnastic or dance movements and shapes to create sequences. * I recognise some of the effects on my body of exercise, including how my breathing and heart rate change.   **Be Safe**   * I know about people in society whose job is about keeping us safe. * I know how to get help in an emergency.   **Learn about Yourself**   * I can recognise some of the ways in which I am unique. | **Be Happy & Healthy**   * I recognise that thinking about things I am grateful for and reasons I have to be happy can create positive feelings. * I understand the importance of eating a balance of foods from all of the food groups in order to give my body all the things it needs to be healthy.   **Be Active**   * I can perform a growing range of gymnastic and dance moves and sequences with increasing poise and control, both on and off the equipment.   **Be Safe**   * I can recognise when to seek first aid or medical help for myself or others.   **Learn about Yourself**   * I can describe the main stages of the human life-cycle. | **Be Happy & Healthy**   * I can re-phrase a problem or challenge from a negative statement to a positive one. * I understand the difference between short-term and long-term happiness.   **Be Active**   * I can perform a growing range of gymnastic and dance moves and sequences with increasing poise and control, both on and off the equipment. * I can compare my performances with previous ones and demonstrate improvement to achieve my personal best.   **Be Safe**   * I have learned and practised basic life-saving skills.   **Learn about Yourself**   * I can recognise views about men and women that are stereotypes and challenge those I don’t agree with. |
| **Focus** | *Who is my hero? / people who help us (Family & school)* | *Hero’s around us* | *Amazing human body / Amazing people* | *People who influence our lives…* |
| **Spring 2**  **How Things Work** | **NC Learning objectives** | **Be Happy & Healthy**   * I know some of the things that make me feel happy and unhappy. * I can recognise positive things about myself. * I know why it is important to wash my hands after going to the toilet and before touching or eating food. * I know that brushing my teeth is important for keeping them healthy. * I have tasted a wide range of fruits and vegetables to find ones I like.   **Be Active – ball skills / games**   * I have practised my skills for throwing and catching balls and objects of different sizes. * I can travel in different ways on the floor and equipment. * I can kick a ball with increasing control.   **Be Safe**   * I can recognise some risks associated with particular situations and make sensible decisions to keep myself safe.   **Learn about Yourself**   * I can recognise and name the different parts of my body. | **Be Happy & Healthy**   * I have discussed how beauty is represented in the media and my own opinions about what is beautiful. * I recognise some foods which are high in fats and sugars and know that they should be eaten in moderation. * I know that eating a balanced diet is good for my health.   **Be Active**   * I have practised and improved my skills for throwing and catching balls and objects of different sizes. * I can travel in different ways on the floor and equipment, showing increasing control of my movements. * I can kick/pass a ball with increasing control. **Be Safe** * I can tell the difference between secrets it is ok to keep and information that I should pass on to an adult. * I know some steps I can take to keep myself safe online. * I know how to keep myself safe near roads and can cross the road safely using the green cross code.   **Learn about Yourself**   * I can recognise and name the different parts of my body and know what they do. * I know that being a boy or a girl is part of who I am but does not limit the things I can do or the things I like and don’t like.   SOSAFE | **Be Happy & Healthy**   * I know about different ways to learn and play, recognising the importance of knowing when to take a break from time online or TV.   **Be Active**   * I have taken part in team building activities and challenges and understand the importance of communication, both verbal and non-verbal, when working in a team. * I have developed my skills for passing and receiving a ball, including using a range of sporting equipment.   **Be Safe**   * I can recognise and understand a growing range of signs and symbols in different contexts that indicate danger.   **Learn about Yourself**   * I know that people make choices about how to save and spend money.   SOSAFE | **Be Happy & Healthy**   * I know about different ways to learn and play, recognising the importance of knowing when to take a break from time online or TV. * I can make choices that support a healthy lifestyle.   **Be Active**   * I have taken part in team building activities and challenges and understand the importance of communication, both verbal and non-verbal, when working in a team. * I have developed my skills for passing and receiving a ball, including using a range of sporting equipment. * I understand the importance of fair play and can follow the rules when taking part in team sports.   **Be Safe**   * I know which information about myself should not be shared with other people, including online. * I can use the internet safely and responsibly for work and fun. * I know some organisations that help to keep children safe, including Child Line.   **Learn about Yourself**   * I know the difference between needs and wants, and that sometimes people may not always be able to have the things they want.   SOSAFE |
| **Focus** | *My body* | *Lifestyles* | *Money* | *Technology* |
| **Summer 2**  **Our World** | **NC Learning objectives** | **Be Happy & Healthy**   * I can recognise positive things about myself. * I know simple hygiene routines.   **Be Active – Athletics**   * I have taken part in different sports and team games. * I have taken part in races.   **Be Safe**   * I recognise things I can do to help look after my immediate environment.   **Learn about Yourself** | **Be Happy & Healthy**   * I know simple hygiene routines that can stop germs from spreading.   **Be Active**   * I have taken part in a wide range of physical activities, including different sports and team games. * I have taken part in races. * I know that regular exercise helps to keep me healthy.   **Be Safe**   * I carry out shared responsibilities for protecting the environment in school or at home.   **Learn about Yourself**  SOSAFE | **Be Happy & Healthy**   * I can make choices that support a healthy lifestyle. * I have learned some mindfulness techniques and can use them to help me feel more calm and relaxed.   **Be Active**   * I have taken part in a range of athletic challenges both individually and within a team.   **Be Safe**  **Learn about Yourself**   * I can recognise the ways I am the same as, and different to, other people.   SOSAFE | **Be Happy & Healthy**   * I can make choices that support a healthy lifestyle and recognise what might influence these.   **Be Active**   * I have taken part in a wide range of athletic activities and have improved my performance through refining my techniques and building stamina. * I can adapt my running technique for short and long distances.   **Be Safe**  **Learn about Yourself**   * I value different contributions that people and groups make to the community.   SOSAFE |
| **Focus** | *Local community* | *England* | *Great Britain* | *Europe* |