

Barnaby Class September 2020

Hi,

I'm enclosing a few ideas of activities you may wish to complete with your child at home over the coming weeks.

Our focus this term is our amazing bodies, as I mentioned in our newsletter.

Our massage story involves massaging different parts of the body, accompanied by music which references the body part. I enclose the massage sheet and the link to the playlist for it can be found here:

<http://tiny.cc/n8xtsz>

If you know your child won't tolerate you massaging one particular area, feel free to substitute it for something else or just skip that song.

1. 'Most people have hair, it can be long or short, and many different colours. Hair - (Hair from the musical, Hair) head massage. Can use tools or hands, depending on individual child's preference.

2. Most people have 2 eyes; they can be different colours and sometimes people need glasses. Eyes - (Brown Eyes by Lady Gaga). Single finger touch around the eyes from nose outwards then touching eyebrows, down nose to under eyes.

3. Most people have 2 hands, and many can use them to hold objects. Hands - (Hands by Ting Tings) Hand massage covering each finger individually and palm. Use of simple hand cream.

4. Most people have 2 feet. Some people use them to walk with. We wear socks and shoes on them. Feet - (Happy Feet by the Jazz Kings) Foot massage covering toes, soles and ankles. Socks and shoes should be removed to do this.

5 I'm not scared to be seen I make no apologies. This is me! This is Me. Allow shared time with each child and enjoy the music., tap out the beat of the rhythm of the song

I'm enclosing the text of the story we are reading in class, Max the Champion. We are using a range of items to bring the story to life and I have written some of these in between the text to give you some ideas. Feel free to substitute these for items you have in the house or to make the story more your own!

Please don't hesitate to contact me with any questions or comments or if you take any photos of the activities or other things you are doing at home, then please send them! I'd love to see them. The children also have their personal targets that Lis set before the summer which you can work towards too. If you need any help or advice with these, again, please contact me. nmott@parklane.cheshire.sch.uk

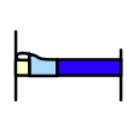
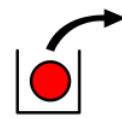
Nichola



Max the Champion



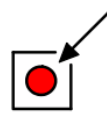
Max loved sport. Night and day it filled his dreams.



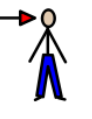
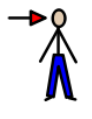
When his alarm clock rattled, Max jumped out of bed. He



raced downstairs to breakfast.



At the breakfast table Max dived in to his cereal.

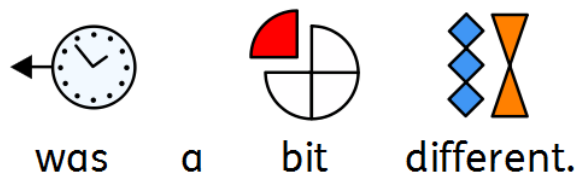
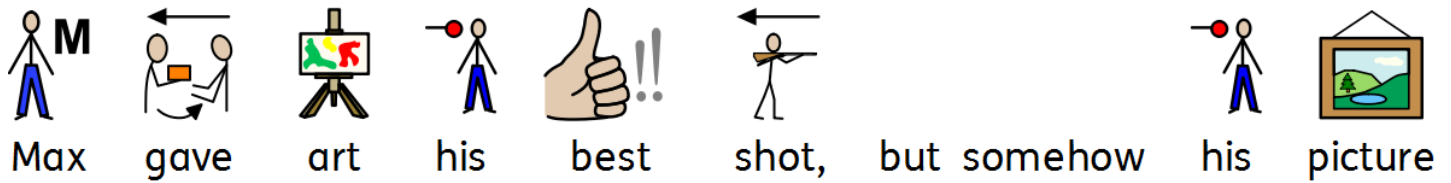
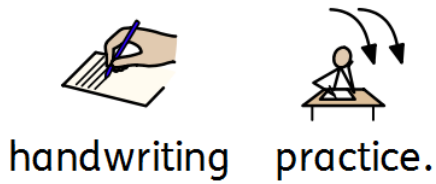
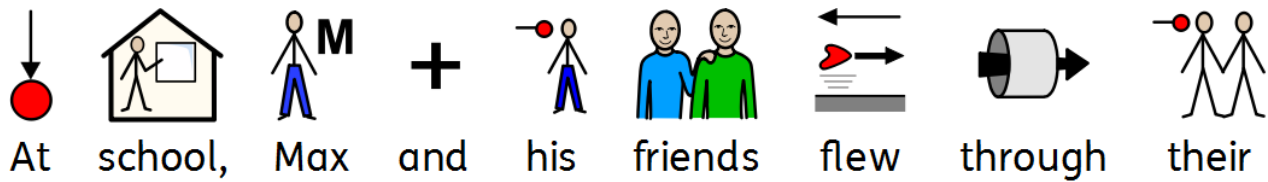


Then he buckled his helmet and sped off to school. He

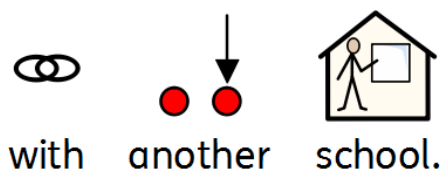
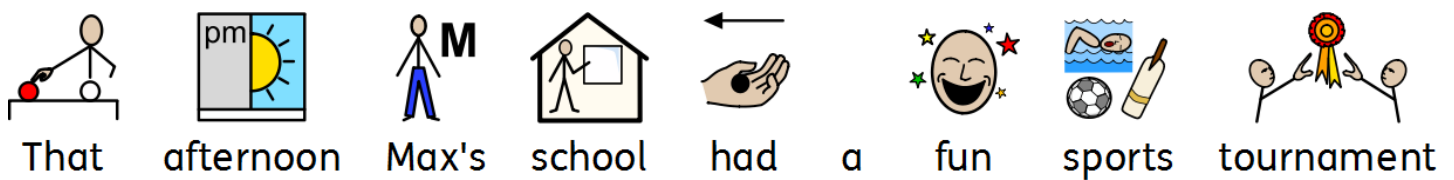


never missed a turn.

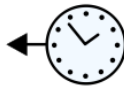
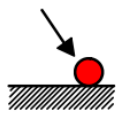
Shake a cereal box/ explore cereal with their hands. If you have a bike helmet, allow them to explore the helmet and hear the click of the helmet clip.



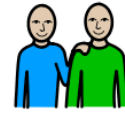
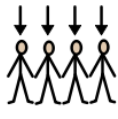
Allow your child to hold a pen/pencil/crayon however is appropriate and explore making marks. Then move to a paintbrush and brush it on their arm/other part of the body to allow them to feel it.



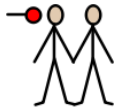
Explore a ball/other sports equipment.



To celebrate winning, there was a special assembly at

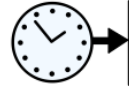
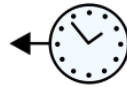


school. Everyone cheered as Max and his friends received



their trophies.

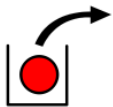
Give a loud cheer with the warning of 1,2,3 then Hooray!



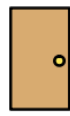
The school bell rang and it was time to go home. Max



ran



out of



the door



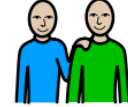
and cycled



home to

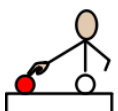


his



friends.

Ring a bell/use an online sound of a school bell and then cycle their arms or legs.



That



night,

as

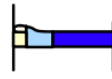


Max

snuggled



into



bed,

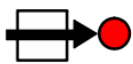
a



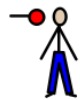
smile



crept



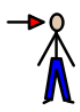
across



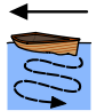
his



face.



Then he



drifted



off

to



sleep

and



began

to



snore.

Make a snoring noise/use video of someone snoring.