Ideas for Silk class pupils

Hi,

Hope everyone is ok and have enjoyed the sunshine! (although bit too hot at times!)

Here are some more suggested activities/songs you could try at home with the pupils. As always, do not feel any pressure to do them as I totally appreciate everyone’s family circumstances are different.

The ideas on this sheet can be repeated on a weekly basis to reinforce the skills. You can pick and choose the ones you want to do! The topic for this summer term is ‘Ourselves’.

 Ourselves songs –

* Body parts song for kids – ELF learning
* This is the way 2 – Little Fox- Animated song for kids
* Five senses song – The Kilblooomers
* How many fingers – Super Simple Songs
* Ten Little Fingers and toes – Little Baby Bum
* Wash Your Hands – The Singing Walrus

Nursery Rhymes –

* If you’re happy and you know it
* Head, shoulders, knees and toes
* 1,2,3,4,5 Once I caught a fish alive
* This little piggy went to market

Suggested activities for next week (w/b 29th and 6th July) – Focus – ‘Our Emotions’

* Play ‘Guess the Emotion’. Family members to act out different emotions whilst the rest of family guess the emotion. If you have a puppet, the puppet could act too!
* Look at yourself in the mirror – can you show different emotions with your face?
* Think about things that make you happy, sad, scared and excited- ask a family member to help make a poster to show your answers.
* Practise doing 10 deep breaths. Did they help you to feel calm?
* Use your words, communication book or emotion photographs (on the distance learning tab) to show how you are feeling throughout the day.
* Listen to different mood music – Happy – Children’s Music- Happy Upbeat Music, Sad – Sad Piano Music – Isolation – Lucas King, Relaxing – Positive Background Music for Kids (sway) – OCB relax music (all on YouTube).
* Listen to ‘The Colour Monster’ story – Read aloud by Mr Joshua Brooke (on YouTube)
* Peppa Pig Episode – Peppa is not very well (on YouTube)

Enjoy! Any questions feel free to email and ask! cnoonan@parklane.cheshire.sch.uk

Remember there are also signed stories on the website – click on Distance Learning Tab