**Lower 6th – Daily Routine**

Below is an outline of a daily routine in Lower 6th Form, if we are staying in class. We are not expecting you to carry this out at home although it might help with some routines. Please use any part of it that might be helpful.

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| **Time** | **Activity** | **Links** |
| 8.50 | Workshop – Personal care,  work maths & English targets | Please refer to annual reviews for your child’s personalised targets. |
| 9.30 | Good morning – How are you feeling? Days of the week, month, date year, what we are doing today. | Symbols – Feelings, days, date |
| 9.45 | Subject | See weekly activity planner |
| 10.30 | Washing hands, personal care and snack time | Choosing and preparing own snack and drink and washing up own cups /plates  Symbols – Washing hands |
| 10.45 | Leisure time | Choose time (personal choice) – ipad, music, games |
| 11.00 | Subject | See weekly activity planner |
| 11.50 | Targets achieved and washing hands | Discussion about targets achieved for the morning  Symbols – Washing hands |
| 12.00 | Lunchtime | Clearing, washing up and tidying away after lunch |
| 12.30 | Leisure time and personal care | Choose time(personal choice) – ipad, music, games, play outside, go for a walk |
| 1.00 | Good afternoon | Greetings – discuss lunchtime and what we are doing this afternoon |
| 1.15 | Afternoon session | See weekly activity planner |
| 2.45 | Drink | Making own drink/pouring drinks, washing up, drying up & putting away cups |
| 2.50 | Goodbye | Daily achievements related to targets, what are we doing tomorrow? |