**Hovis Class – Daily Routine**

Below is what a ‘typical’ day looks like in our class. This is just a guide; I am not expecting you to carry this out at home although it might help with some routines. Please take from this what you might find useful.

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| **Time** | **Activity** | **Links** |
| 8.50 | Workshop – Personal care, physiotherapy programs, sensory circuits, individual targets. | Sensory circuits – Look at the link below for ideas  <https://www.cambscommunityservices.nhs.uk/docs/default-source/leaflets---sensory-strategy-leaflets---april-2015/0218---sensory-circuits---info-for-teachers---april-2018.pdf?sfvrsn=8>  Please refer to annual reviews for your child’s personalised targets. |
| 9.30 | Good morning – How are you feeling? Days of the week, weather and what we are doing today. | Good morning song  Use communication books or symbols to say good morning  Use Communication books or symbols to discuss the weather  Discuss daily timetable and what we are doing today  Symbols – Feelings, weather, days of week – Symbols can be found on Widgit website ( free trial) or Twinkl have some different ones ( also free trial) |
| 9.45 | English or Maths | See weekly activity planner |
| 10.30 | Washing hands and snack time | Handing out cups and preparing own snack  Symbols – Washing hands |
| 10.55 | Outdoor play | Symbols – Outside & feelings |
| 11.10 | English or Maths | See weekly activity planner |
| 11.50 | Washing hands | Lunch song- Thank you for the world so sweet, thank you for the food we eat, thank you for the birds that sing, Thank you God for everything. Amen |
| 12.00 | Lunchtime | Setting the table and helping to prepare lunch- work on independence targets- see Annual Reviews or ask for specific targets. |
| 1.00 | Outdoor play | Symbols – Using symbols/communication book to request different outdoor or indoor activities. |
| 1.30 | Reading & good afternoon | YouTube – search favourite stories  Vooks- free online books  Quietly read an appropriate book together  Symbols – How are we feeling? |
| 1.45 | Afternoon sessions | Creativity, Community, Challenge & Individuality - See weekly activity planner |
| 2.50 | Goodbye | Daily achievements, what are we doing tomorrow?  Home time song – At the end of the day we are happy and say, thank you God for a wonderful day, we try to be good for we know that we should, that’s our prayer at the end of the day. Amen. |