**Hovis Class – Daily Routine**

Below is what a ‘typical’ day looks like in our class. This is just a guide; I am not expecting you to carry this out at home although it might help with some routines. Please take from this what you might find useful.

|  |  |  |
| --- | --- | --- |
| **Time**  | **Activity**  | **Links**  |
| 8.50 | Workshop – Personal care, physiotherapy programs, sensory circuits, individual targets.  | Sensory circuits – Look at the link below for ideas <https://www.cambscommunityservices.nhs.uk/docs/default-source/leaflets---sensory-strategy-leaflets---april-2015/0218---sensory-circuits---info-for-teachers---april-2018.pdf?sfvrsn=8>Please refer to annual reviews for your child’s personalised targets.  |
| 9.30 | Good morning – How are you feeling? Days of the week, weather and what we are doing today.  | Good morning songUse communication books or symbols to say good morningUse Communication books or symbols to discuss the weather Discuss daily timetable and what we are doing today Symbols – Feelings, weather, days of week – Symbols can be found on Widgit website ( free trial) or Twinkl have some different ones ( also free trial)  |
| 9.45 | English or Maths | See weekly activity planner  |
| 10.30 | Washing hands and snack time  | Handing out cups and preparing own snackSymbols – Washing hands |
| 10.55 | Outdoor play  | Symbols – Outside & feelings  |
| 11.10 | English or Maths  | See weekly activity planner  |
| 11.50 | Washing hands | Lunch song- Thank you for the world so sweet, thank you for the food we eat, thank you for the birds that sing, Thank you God for everything. Amen  |
| 12.00 | Lunchtime  | Setting the table and helping to prepare lunch- work on independence targets- see Annual Reviews or ask for specific targets.  |
| 1.00 | Outdoor play  | Symbols – Using symbols/communication book to request different outdoor or indoor activities.  |
| 1.30 | Reading & good afternoon  | YouTube – search favourite stories Vooks- free online booksQuietly read an appropriate book together Symbols – How are we feeling?  |
| 1.45 | Afternoon sessions  | Creativity, Community, Challenge & Individuality - See weekly activity planner  |
| 2.50 | Goodbye | Daily achievements, what are we doing tomorrow? Home time song – At the end of the day we are happy and say, thank you God for a wonderful day, we try to be good for we know that we should, that’s our prayer at the end of the day. Amen.  |