**Upper 6th – Daily Routine**

Below is an outline of our daily routine in Upper 6th. We are not expecting you to carry this out at home although it might help with some routines. Please use any sections that might be helpful.

|  |  |  |
| --- | --- | --- |
| **Time**  | **Activity**  | **Links**  |
| 8.50 | Workshop – Personal care, work on individual targets.  | Please refer to annual reviews for your child’s personalised targets.  |
| 9.30 | Good morning – How are you feeling? Days of the week, month, date year, what we are doing today.  | Symbols – Feelings, days, date |
| 9.45 | Subject | See weekly activity planner  |
| 10.30 | Washing hands, personal care and snack time  | Choosing and preparing own snack and drink and washing up own cups /platesSymbols – Washing hands |
| 10.45 | Leisure time  | Choose time (personal choice) – Ipad, music, games  |
| 11.00 | Subject | See weekly activity planner  |
| 11.50 | Targets achieved and washing hands | Discussion about targets achieved for the morning Symbols – Washing hands |
| 12.00 | Lunchtime  | Clearing, washing up and tidying away after lunch |
| 12.30 | Leisure time and personal care  | Choose time(personal choice) – Ipad, music, games  |
| 1.00 | Good afternoon  | Greetings – discuss lunchtime and what we are doing this afternoon  |
| 1.15 | Afternoon session  | See weekly activity planner  |
| 2.45 | Drink  | Making own drink and pouring drinks |
| 2.50 | Goodbye | Daily achievements related to targets, what are we doing tomorrow?  |