**Arighi Class – Daily Routine**

Below is what a ‘typical’ day looks like in our class. This is just a guide; I am not expecting you to carry this out at home although it might help with some routines. Please take from this what you might find useful.

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| **Time**  | **Activity**  | **Links**  |
| 8.50 | Workshop – Personal care, physiotherapy programs, sensory circuits, individual targets.  | Sensory circuits - [https://www.cpft.nhs.uk/Documents/Miscellaneous /Sensory%20Motor%20Circuits.pdf](https://www.cpft.nhs.uk/Documents/Miscellaneous%20/Sensory%20Motor%20Circuits.pdf)Please refer to annual reviews for your child’s personalised targets.  |
| 9.30 | Good morning – How are you feeling? Days of the week, weather and what we are doing today.  | Good morning Symbols – Feelings, weather, daysPractise signs for numbers, days and months  |
| 9.45 | English or Maths | See weekly activity planner  |
| 10.30 | Washing hands and snack time  | Handing out cups and preparing own snackSymbols – Washing hands |
| 11.00 | Outdoor play  | Symbols – Outside & feelings  |
| 11.15 | English or Maths  | See weekly activity planner  |
| 11.50 | house points rewards Washing hands | Reflect on morning’s work behaviour etc rewards and choose timewash hands ready for lunch  |
| 12.00 | Lunchtime  | Setting the table and helping to prepare lunch |
| 1.00 | Outdoor play  | Symbols – Outside & feelings |
| 1.30 | Reading & good afternoon  | YouTube – search favourite stories Quietly read an appropriate book together Symbols - Feelings |
| 1.45 | Afternoon sessions  | Creativity, Community, Challenge & Individuality - See weekly activity planner  |
| 2.45 | Drink  | Handing out cups and pouring own drinks |
| 2.55 | Goodbye | Daily achievementsTargets: students review their own target  What are we doing tomorrow?  |