

## What is excluded from the Carers Wellbeing Fund?

### Funding cannot be used for the following:

- \* Transport to and from any routine journeys (such as hospitals or supermarkets).
- \* Household items.
- \* Items of clothing.
- \* Anything purchased prior to any awards made.
- \* Any expenses for things that would be classed as medical treatment (chiropody, podiatry, physiotherapy or chiropractors).

For more information please contact:

Cheshire and Warrington Carers Trust  
Unit 14 Brierley Business Centre  
Mirion Street  
Crewe  
CW1 2AZ

Tel: **01270 215009**



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**Carers Helpline 0800 085 0307**

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# Carers Wellbeing Fund



## Are you a carer in need of some 'me time'?



The Carers Wellbeing Fund could help you to access some valuable time away from your caring role to pursue hobbies or interests, e.g. visiting relatives, exercise classes, days out, theatre trips, complementary therapies, training courses or a short break away.

Supported by



## What is the Carers Wellbeing Fund?

The Carers Wellbeing Fund is a non-means tested grant offering carers up to £350.

The fund aims to support carers to maintain their caring role by funding activities to improve overall wellbeing and take time out from caring.

Carers have choice and control over how they spend their award, simply saving the receipts and returning these to the Cheshire and Warrington Carers Trust within six months.

## Who can apply?

Carers over 18 and caring for someone living in Cheshire East.

Carers can only access the Wellbeing Fund via a Carers Assessment completed by Cheshire East Council, highlighting the carer's need for this service.



## Your needs as a carer

To request a Carers Assessment;

**Carers of children (under 19) please contact** Cheshire East Consultation Service (ChECS) on 0300 123 5012

**Carers of adults please contact** Cheshire East Adult Social Care on 0300 123 5010

Once the assessment is complete, it is sent securely to the Cheshire and Warrington Carers Trust.

Carers are then offered an appointment to discuss how the Carers Wellbeing Fund could support them.

Applications are discussed at a monthly panel where three levels of funding can be awarded.

Awards are then usually paid directly to the carer, who manage their fund themselves, with support if needed.