

Massage Story- Great Britain

All of these things are linked to the history of the different regions of Great Britain and Northern Ireland

Dragon- Welsh National Animal and St George and the Dragon.

Dragon- Built By Titan <https://youtu.be/hghla7Ca0ZU> Make wing movements from lower back up and out to shoulders if using back. If not, slow movements along full length of arms, starting from shoulder

Flowers. Each country that makes up Great Britain has a flower.

Oh Flower of Scotland- The Corries <https://youtu.be/DN87mVzL28s>

Hand massage. If possible use floral scented cream.

Giant- Famous in traditional stories especially in Northern Ireland with the Giant's Causeway.

Giants- Take That https://youtu.be/GIOFt-BI_d0

Use flat of hand to make walking movements, use firm pressure. Can use any part of the body, but don't jump around, follow a set pattern of movements as if walking.

Tea – Everything is better with a cup of tea

The Tea song- Yorkshire Tea <https://youtu.be/GFfn8L2saYI>

Draw shape of tea cup and saucer and if possible, use hot water bottle/hand warmer to provide some heat.

Royal Family- The Queen

Kings and Queens- Ava Max <https://youtu.be/65anxQd-RVA>

Give head massage- could use massager or hands depending on tolerance.