**Health**

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| **Class** | **Silk & Forest** | **Granelli** | **Hovis** | **Mulberry** |
| **Activities Planned Towards Outcomes** | * Trying new foods
* Accepting eating and drinking in school
* Accepting medication from the nurse
* Attendance at paediactric clinic appointments
* Desensitisation sessions with the nurse
* Link with TESCO education programme – healthy eating
* Swimming & PE
* Sensory Circuits
* ELSA work - emotions
 | * Trying new foods
* Accepting eating and drinking in school
* Accepting medication from the nurse
* Attendance at paediactric clinic appointments
* Desensitisation sessions with the nurse
* Accept weight and height checks with the nurse
* Swimming & PE
* Outdoor play
* Sensory circuits
* ELSA work - emotions
 | * Trying new foods
* Accepting medication from the nurse
* Attendance at paediatric clinic appointments
* Accept weight and height checks with the nurse
* Desensitisation sessions with the nurse
* Swimming & PE
* Sensory circuits
* Recognising when feeling poorly
* ELSA work – emotions
* So Safe sessions
 | * Trying new foods
* Accepting medication from the nurse
* Attendance at paediatric clinic appointments
* Weight and height checks with the nurse
* Desensitisation sessions with the nurse
* Swimming & PE
* Sensory circuits
* Communicating when feeling poorly
* ELSA work – emotions
* So Safe sessions
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**Health**

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| **Class** | **Barnaby** | **Arighi’s, Bollin & Middlewood** | **Treacle** | **6th Form** |
| **Activities Planned Towards Outcomes** | * Accepting/anticipating medication/tube feeds
* Cooperating in physical programmes e.g. standing/ walking frame, hydrotherapy, postural management
* Emotions work – choosing how we feel each day
 | * Accepting medication from the nurse
* Attendance at paediatric clinic appointments
* Weight and height checks with the nurse
* Swimming & PE
* Understanding who can help when ill – GP
* Mental health & wellbeing
* RSE - So Safe sessions
* ASDAN New Horizons units
 | * Accepting medication from the nurse
* Attendance at paediatric clinic appointments
* Weight and height checks with the nurse
* Swimming & PE
* Understanding the role of GP, dentist, opticians, school nurse
* Mental health & wellbeing
* Drug & Alcohol education
* Understanding the benefit of getting enough sleep
* Science Award
* RSE - So Safe sessions
 | * Knowing who can help with different physical problems e.g. dentist, GP, nurse, audiologist, opticians
* Recognise the benefits and importance of staying physically active and healthy
* Transition to adult health services
* Mental health & wellbeing
* Being Healthy unit
* Good Health units
* Personal care unit
* PSHCE sessions
* RSE - So Safe sessions
* Swimming & P.E
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